



SPOKANE COUNTY
COMMUNITY SERVICES DEPARTMENT
 Justin Johnson, Director

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**Spokane County Regional Behavioral Health
 (Administrative Services Organization) Division, (SCRBH (ASO))
 Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: June 3, 2024	Location: Zoom meeting/Conference Call/ In person	Start Time: 3:00 p.m. Adjourn Time: 4:00 p.m.
Attendance:	X=Present	E=Excused
Name		U=Unexcused
		Representing
BOARD		
Andrew Van Winkle	X	Spokane County (Chair)
Kim Taylor	X	Spokane County (Vice-Chair)
Craig Davenport	X	Spokane County
David Lund	X	Spokane County
Gail Kogle	X	Office of Behavioral Health Advocacy (OBHA)
Jackie Sauer	X	Spokane County
Jamie Rosteck	X	Spokane County
Khris Thompson	X	Spokane County Sheriff's Department
Lauri Moon	U	Spokane County
Leta Phillips	E	Ferry County At-Large Rep.
Michael Lindsly	X	Spokane County
OTHERS		
Cat Nichols	E	Spokane County Community Affairs
Ashley Magee	X	CSD SCRBH
Jessica Thompson	X	CSD SCRBH
Justin Johnson	E	CSD SCRBH
Kateryna Rice	X	CSD SCRBH
Khrystal Kenyon	X	CSD SCRBH
Nancy Locke	X	CSD SCRBH
Tom Gose	X	Consumer Consultation Panel (CCP)
MCOs – Guests		
Liz Perez	X	Community Health Plan of Washington (CHPW)
Savannah Burts	X	Molina Healthcare

AGENDA / MINUTES:

1. Welcome and Introductions – Andrew Van Winkle, Chair

- a. Roll Call (Board (confirmed Quorum) then Other Attendees)
- b. The March 2024 minutes were approved as written.
- c. Board Members Update: Three (3) new members: David Lund, Jackie Sauer, and Jamie Rosteck.

2. Presentation – Office of Behavioral Health Advocacy (OBHA) Update – Gail Kogle, Behavioral Health Advocate (OBHA)

A brief update of the progress of OBHA was provided. The second Wednesday of every month OBHA hosts a forum to discuss the current concerns and events OBHA is participating in. Below are some of the concerns OBHA is investigating and events OBHA is participating in:

- In the beginning of 2024, OBHA talked to families who have children in the Children Long-Term Inpatient Program (CLIP) and Child Study of Treatment Centers (CSTC). The families expressed how the crisis system is not meeting their needs.
- OBHA attends events to tell the community and new providers what OBHA does and how to contact them, if needed. OBHA now has an office located on West Sprague and will be available to meet Individuals seeking OBHA services.
- Senate Bill 5660 passed. This bill will mainstream mental health advance directives. In the beginning of July, OBHA hopes to assemble groups to discuss and plan how to make mental health advance directives more mainstream and user friendly to help educate providers.
- Gail also serves on the Long-Term Care Advisory Committee. She has observed a large number of Individuals leaving their long-term care facility to go to an inpatient facility then not being accepted back into their long-term homes. This is leaving those Individuals in limbo, and OBHA is exploring ways to fix this issue.

3. Administrative Updates – Ashley Magee, CSD SCRBH (ASO)

- **Annual Block Grant Plan Review: MHBG, SABG, and ARPA MHBG/SABG Plans – Ashley Magee, CSD SCRBH (ASO):** An overview of the Mental Health Block Grant Plan and Substance Abuse Block Grant Plan, both the base and ARPA funding, was provided. The proposed plan narrative, project summary and expenditures were explained for each grant plan. Previous, current, and future funds distribution was explained, along with future planning for existing services. In addition, the BHAB was notified of changes in the Outpatient Project Summary and Expenditures section in the SABG funding. The changes made additional funding available for the Intensive Support Services section to add sobering support services. The only change made this year to MHBG is the co-responder funding. Andrew Van Winkle asked if the funds previously allocated to Daybreak had been allocated elsewhere. Ashley and Jessica Thompson responded that if there were funds previously used to fund Daybreak then the funds would go back to SABG and be allotted to other areas. Ashley also stated that she doesn't believe block grants were used for Daybreak. The board made a motion and seconded, to approve the MHBG and SABG Base and ARPA Plans as presented.
- **SCRBH (ASO) Updates:**
 - The ASO is submitting their annual TEAMonitoring to the Washington State Health Care Authority (HCA) for the contracts the ASO oversees. The monitoring will be submitted on June 4, 2024, to the HCA.

- **Co-Response Pilot Program:** The ASO is exploring the expansion and initiation of the co-response services partnered with the Fire Department. The Co-Responder Program will pair Fire Department-based first responders with Behavioral Health professionals dispatched through the 911 system, to respond to mental health emergencies and substance use-related crisis calls. Co-responders exist through the Spokane County Sheriff's Department, the Spokane Police Department, and the ASO is hoping to expand the continuum of response to also include the Spokane City Fire Department and the City of Spokane Valley Fire Department. The ASO is expanding those partnerships to allow for early intervention to help connect Individuals in crisis with treatment, the teams will also provide medical assessments and behavioral health screenings at the Individual's home to identify a person's current need, complete medical clearances in the field, provide crisis de-escalation and response, and coordinate transportation to the appropriate resources to help stabilize the Individual.
- **Opioid Settlement Funds Update:** Spokane County created a public survey to give the public an opportunity to provide input on how Spokane County should utilize the Opioid Settlement Funds. The Spokane County Priority Review Committee was created and comprised of subject matter experts to review the results of the survey and share feedback on specific needs related to the opioid epidemic. Priorities were recommended to the Board of County Commissioners. The Board of County Commissioners identified priorities and passed a resolution identifying 4 key areas. Below are some of the key areas of investment the ASO is involved in:
 - i. **A Twenty-Three (23) Hour Crisis Relief and Sobering Center Expansion Program:** This project aims to expand the current Spokane Regional Stabilization Center to include a twenty-three (23) hour immediate crisis relief and stabilization services. This expansion will also allow for sobering services to be delivered. This program will improve access to necessary behavioral health services, improve care coordination and equitable access, and expand critically necessary Substance Use Disorder Treatment Services within the community.
 - ii. **Long-term housing and treatment support services for parents and caregivers of infants with Neonatal Abstinence Syndrome (NAS):** This program will provide housing and supportive living services, to parents and caregivers of infants affected by Neonatal Abstinence syndrome. This investment will provide a safe transition of services for families and infants to better support their needs in the community, contributing to long term beneficial outcomes.
 - iii. **Funding for the Sheriff Department:** An funding investment was made to support drug analytics for the criminal legal system and substance use disorder and opioid use through the Spokane County Sheriff's Department. This will be a preventative measure to reduce the amount of drugs and opioid seen on the streets. Khris Thompson added that the Sheriff's Department will hire an analyst to work with mid-level to high-level narcotic deputies to identify and strategically go after the top targets.

4. Consumer Consultation Panel (CCP) Report – Tom Gose read the minutes from the March and April 2024 meetings.

5. Board Comments – Andrew Van Winkle shared that the NAMI walk had more than one hundred (100) Individuals in attendance and stated the growth from the first walk to this one has grown an exponential amount showing the word is getting around about NAMI.

6. Public Comments – None.

A motion was made, and the board approved to adjourn the meeting.

DECISIONS: The board made a motion and seconded to approve the MHBG and SABG Base and ARPA plans as presented.

ACTIONS: None.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:

July 22, 2024 - 3:00 p.m. / Zoom Meeting/In Person

Name of recorder:

Khrystal Kenyon