



SPOKANE COUNTY
COMMUNITY SERVICES DEPARTMENT
 Justin Johnson, Interim Director

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**Spokane County Regional Behavioral Health
 (Administrative Services Organization) Division, SCRBH (ASO)
 Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: March 27, 2023	Location: Zoom meeting/Conference Call/ In person	Start Time: 3:00 p.m. Adjourn Time: 4:10 p.m.	
Attendance:	X=Present	E=Excused	U=Unexcused
Name		Representing	
BOARD			
Kim Taylor	X	Spokane County (Chair)	
Andrew Van Winkle	X	Spokane County (Vice-Chair)	
Craig Davenport	E	Spokane County	
James Mires	U	Stevens County	
Gail Kogle	X	Office of Behavioral Health Advocacy (OBHA)	
Jill Burkholder	X	Spokane County	
Khris Thompson	X	Spokane County Sheriff's Department	
Lauri Moon	U	Spokane County	
Leta Phillips	E	Ferry County At-Large Rep.	
Mark Bullock	X	Spokane County	
Dr. Michael Lemberger	X	Spokane County	
Michael Lindsly	X	Spokane County	
OTHERS			
Cat Nichols	E	Spokane County Community Affairs	
Jessica Thompson	X	CSD SCRBH	
Justin Johnson	X	CSD SCRBH	
Katy Rice	X	CSD SCRBH	
Nancy Locke	X	CSD SCRBH	
Tom Gose	X	Consumer Consultation Panel (CCP)	
MCOs – Guests			
Liz Perez	X	Community Health Plan of Washington (CHPW)	
Ashley Nelson	X	Molina Healthcare	
Demetrius Palmer	X	Excelsior Wellness	

AGENDA / MINUTES:

- 1. Welcome and Introductions – Kim Taylor, Chair**
 - a. Roll Call (Board (confirmed Quorum) then Other Attendees)
 - b. The January 2023 minutes were approved as written.

- 2. Presentation – Excelsior Teen Text Line Updates – Demetrius Palmer, Vice President of Engagement:** A brief overview of the Teen Text Line was provided. Excelsior has visited the local schools to provide education on the Teen Text Line and peer support to students and parents.

- 3. Presentation – Ombuds update – Gail Kogle, Program Director East, Office of Behavioral Health Advocacy:** A brief update of the progress of OBHA was provided. There has been a total of fifteen (15) complaints since January 1, 2023. The next OBHA Meeting is April 12, 2023.

- 4. Administrative Updates – CSD SCR BH (ASO)**
 - **SCR BH (ASO) Program Updates – Jessica Thompson, SCR BH (ASO):** A brief update of SB-SBIRT, HOST and MRSS programs were provided. The MRSS program and Recovery Navigator program are continuing to thrive and active in all six (6) counties.
 - **Upcoming Projects – Jessica Thompson and Justin Johnson, Interim Director:**
 - a. Starting July 1, 2023, the Youth and Patient Navigator Program is tentatively planned to be implemented. This program will connect Youth with behavioral health resources after being discharged from inpatient services.
 - b. Beginning this summer, a Peer Respite house will be active that will provide a safe place for Adults, in a home like setting, to increase their overall wellness with help from peer support specialists.
 - c. Behavioral Health Transitional Support Pilot Project (BHTSP) provides onsite behavioral health services at transitional shelters. BHTSP will help homeless Individuals with behavioral health support and regain housing.
 - d. A potential program is needed to support a current program that is losing funding. The program continues care for Individuals to prevent the need of continuous services. This program falls in line with the need of a navigator to support families and family engagement when a family member is in treatment.
 - e. A potential program is needed for Opioid Abatement Dollars; this will help areas where current funding is not present. One area needing funding is law enforcement diversion training. This training will educate law enforcement to identify when an Individual needs opioid support and diverting them to treatment. Another area needing funding is training for hospitals and prenatal doctor offices to educate medical staff on how to help and engage with parents, pregnant individuals, and families with Youth. The goal is for each Individual to overcome opioid use with long-term treatment and support.
 - **Board Meeting Frequency (Quarterly) Discussion – Justin Johnson:** Justin proposed a quarterly meeting instead of bi-monthly. Board members expressed a quarterly meeting will be to infrequently and want to continue with bi-monthly meetings. The decision is to continue with the current meeting schedule.

- 5. Consumer Consultation Panel (CCP) Report – Tom Gose** read the minutes from the January and February 2023 meetings.

6. Board Comments – Providence Sacred Heart Medical Center had a training on mental health advance directives that will help Individuals set up a mental health advance directive before a crisis. Kim Taylor, Gail Kogle, and Michael Lindsly would like to communicate with agencies to establish a way to create a mental health advance directive for Individuals needing services.

7. Public Comments – None.

A motion was made, and the board approved to adjourn the meeting.

DECISIONS:

ACTIONS:

- Nancy Locke will distribute to the board the February 2023 Teen Text line data report and the OBHA Data Sheet.
- Jessica Thompson will distribute to the board the peer respite house location.
- With May being mental health awareness month, if any board member knows of any community activates, please share with the other members of the board.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:
May 22, 2023 - 3:00 p.m. / Zoom Meeting/In Person

Name of recorder:
Nancy Locke