



**Spokane County Regional Behavioral Health
 (Administrative Services Organization) Division, (SCRBH (ASO))
 Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: September 23, 2024	Location: Zoom meeting/Conference Call/ In person	Start Time: 3:00 p.m. Adjourn Time: 3:45 p.m.	
Attendance:	X=Present	E=Excused	U=Unexcused
Name		Representing	
BOARD			
Andrew Van Winkle	X	Spokane County (Chair)	
Kim Taylor	X	Spokane County (Vice-Chair)	
Craig Davenport	X	Spokane County	
David Lund	U	Spokane County	
Gail Kogle	X	Office of Behavioral Health Advocacy (OBHA)	
Jackie Sauer	X	Spokane County	
Jamie Rosteck	X	Spokane County	
Khris Thompson	X	Spokane County Sheriff's Department	
Lauri Moon	U	Spokane County	
Leta Phillips	E	Ferry County At-Large Rep.	
Michael Lindsly	E	Spokane County	
OTHERS			
Arlea Parr	E	CSD SCRBH	
Cat Nichols	U	Spokane County Community Affairs	
Ashley Magee	X	CSD SCRBH	
Jessica Thompson	X	CSD SCRBH	
Justin Johnson	U	CSD SCRBH	
Kateryna Rice	X	CSD SCRBH	
Nancy Locke	X	CSD SCRBH	
Tom Gose	X	Consumer Consultation Panel (CCP)	
MCOs – Guests			
Eric Hood	X	Community-Minded Enterprise	
Liz Perez	X	Community Health Plan of Washington (CHPW)	
Savannah Burts	X	Molina Healthcare	

AGENDA / MINUTES:

1. Welcome and Introductions – Andrew Van Winkle, Chair

- a. Roll Call (Board (confirmed Quorum) then Other Attendees)
- b. The July 2024 minutes were approved as written.

2. Presentation - Mobile Recovery Café – HIP-Community Minded Enterprise–Eric Hood

- The first Recovery Café location opened in Seattle, Washington in 2004. The Spokane Recovery Café location opened on February 14, 2017, that currently has 300-350 members. As of September 2024, there are seventy (70) Recovery Cafés nationwide.
- The pop-up Recovery Café in Newport, Washington, located at the Hospitality House (community center), opened in April 2024. The café is a condensed and smaller version of any other Recovery Café nationwide. Earlier this year, the Newport community and Spokane's Recovery Café held two (2) community events to help engage the Newport population and for the local agencies' need of having a pop-up Recovery Café in Newport. As of September, the pop-up café has twenty (20) members. A calendar of member events and new member orientation may be accessed on the Community-Minded website (www.community-minded.org).
- Colville, Washington was approved for a grant through the Washington State Health Care Authority (HCA) to open a pop-up Recovery Café.

3. Administrative Updates –SCRBH (ASO)

- **Spokane County Opioid Settlement Funds– Ashley Magee, CSD SCRBH (ASO):** A brief update on the Spokane County Opioid Settlement Funds was provided. A couple months ago, priorities were identified and approved through the Spokane County Board of County Commissioners (BoCC). The four (4) priorities are:
 - a. Build a Crisis Relief and Sobering Center as a part of the Spokane Regional Stabilization Center Campus. The new center will expand the continuum of care to allow for twenty-three (23) hour and fifty-nine (59) minute crisis relief and sobering services.
 - b. Funding to support immediate Sobering and Triage Services in the community of Spokane County. A Request for Proposal (RFP) has been put into place for this service. The selected agency to service the Sobering and Triage Services is the Spokane Treatment & Recovery Services (STARS) in Spokane. Currently working to finalize contracting so services can start as soon as possible.
 - c. Investment for Long-Term transitional Housing Support for parents and caregivers of infants effected by Neo-Natal Abstinence Syndrome. A Request for Proposal (RFP) has been put into place for this service as well. The agency selected for this service is Maddie's Place. Maddie's place is an existing pediatric transitional care facility in Spokane County. The services Maddie's Place provides are treating infants effected by Neo-Natal Abstinence Syndrome and offering support services for parents and caregivers of the infants. As of two (2) weeks ago, the BoCC approved the funding to help Maddie's Place build out the long-term transitional housing to support infants and caregivers with long term recovery and support.
 - d. The BoCC also approved funding to support a drug analyst with the Spokane County Sheriff's office. This position will allow for more comprehensive data and information to be gathered to be more responsive to the direct needs in the community.
- **Crisis System Data Dashboard – Jessica Thompson, CSD SCRBH (ASO):** A brief overview on the Second Quarter Crisis System Data Dashboard was provided. All areas increased as shown on the Crisis Data Dashboard. A significant increase of High Utilizers in Second Quarter than First Quarter of 2024. The increase of utilizers used the Crisis Services and Regional Crisis Line. The Dashboard shows an overall increase in the number of Individuals served as well as number of Crisis Services provided. Services were provided to one hundred (100) more Individuals and totaling two-hundred and ninety-one (291) more services provided in the timeframe from the First Quarter to the Second Quarter. The most noticeable increased number of mobile rapid response encounters comparable from First Quarter to the Second Quarter, is within Spokane County with five-hundred and thirty-eight (538).

- **Crisis System Updates** – *Ashley Magee, CSD SCRBH (ASO)*: A brief update of the Crisis System was provided.
 - a. A re-design of the Crisis System has been occurring. Currently, there are key parts of Legislative happening to help the re-design of the Crisis System such as:
 - House Bill 1134
 - House Bill 1477
 - Onboarding of 988 System of Washington – the 988 provider is the same provider that operates the Regional Crisis Line at Frontier Behavioral Health (FBH).
 - b. Recently at the end of August, the HCA put out a joint policy statement about the next steps for alignment of the 988 and the RCL Systems. The policy statement indicated the plan for the state moving forward, is the 988 Suicide and Crisis Lifeline will be the entry point for the public to receive services. 988 will eventually allow the public to receive services over the phone, text and or chat options.
 - **ISW Update** – *Jessica Thompson, CSD SCRBH (ASO)*: A brief update of the ISW was provided. As previously shared from the 2023 school year, seven (7) schools have been added. The program expanded from the West Valley School District to span across five (5) different school districts including Centennial Middle School, West Valley High School, Cheney High School, East Valley High School, Riverside High School, and Freeman Middle and High Schools. No added schools for the 2024 school year. All the ISW schools are currently working to begin their screenings for the elected grades for each school. Katy Rice and Josh Henderson with the CSD SCRBH (ASO) have been helpful and supportive on site at the schools helping with screenings. The ISW program is working on finalizing the Initiative for Student Wellness 2023 and 2024 Annual Reports.
- 4. Consumer Consultation Panel (CCP) Report** – Tom Gose read the minutes from the July and August 2024 meetings.
- 5. Board Comments** –
- Craig Davenport announced his resignation from the BHAB board effective December 31, 2024. Kim Taylor mentioned how much everyone on the Board will miss Craig Davenport.
- 6. Public Comments** –
- Gail Kogle, Office of Behavioral Health Advocacy (OBHA) – Once a month she hosts a Behavioral Health Forum on the second Wednesday of each month from 3:00p – 4:30p. On Wednesday, October 9th, the forum will talk about the gaps in Child/Youth mental health services.

A motion was made, and the board approved to adjourn the meeting.

ACTIONS:

- Once the Annual Student Wellness 2023 and 2024 Reports has been finalized, Jessica Thompson, CSD SCRBH (ASO), will present the reports to BHAB board and attendees.
- Gail Kogle will contact Nancy Locke to email a reminder to the BHAB email list of the upcoming Behavioral Health Forum on October 9th from 3:00p – 4:30p.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:

November 25, 2024 - 3:00 p.m. / Zoom Meeting/In Person

Name of recorder:

Arlea Parr