

SPOKANE COUNTY COMMUNITY SERVICES DEPARTMENT Justin Johnson, Director

1116 WEST BROADWAY AVENUE, SPOKANE WA 99260 509.477.5722 T | 800.273.5864 | 800.833.6384 Relay

Spokane County Regional Behavioral Health (Administrative Services Organization) Division, (SCRBH (ASO))

Behavioral Health Advisory Board (BHAB) Meeting

eting Date:Location:y 22, 2024Zoom meeting/ConferenceCall/ In person		Conference	Start Time: 3:00 p.m. Adjourn Time: 3:45 p.m.
Attendance:	X=Present	E=Excused	U=Unexcused
Name		Representing	
BOARD			
Andrew Van Winkle	E	Spokane County (Chair)	
Kim Taylor	X	Spokane County (Vice-Chair)	
Craig Davenport	X	Spokane County	
David Lund	X	Spokane County	
Gail Kogle	U	Office of Behavioral Health Advocacy (OBHA)	
Jackie Sauer	X	Spokane County	
Jamie Rosteck	X	Spokane County	
Khris Thompson	X	Spokane County Sheriff's Department	
Lauri Moon	X	Spokane County	
Leta Phillips	U	Ferry County At-Large Rep.	
Michael Lindsly	X	Spokane County	
OTHERS			
Cat Nichols	E	Spokane County Community Affairs	
Ashley Magee	X	CSD SCRBH	
Jessica Thompson	X	CSD SCRBH	
Justin Johnson	E	CSD SCRBH	
Kateryna Rice	X	CSD SCRBH	
Nancy Locke	E	CSD SCRBH	
Tom Gose	X	Consumer Consultation Panel (CCP)	
MCOs – Guests			
Chauntelle Lieske	X	NAMI	
Liz Perez	U	Community Health Plan of Washington (CHPW)	
Savannah Burts	X	Molina Healthcare	
Tony Price	U	Molina Healthcare	

AGENDA / MINUTES:

- 1. Welcome and Introductions Kim Taylor, Vice-Chair
 - a. Roll Call (Board (confirmed Quorum) then Other Attendees)
 - b. The June 2024 minutes were approved as written.

2. Presentation –NAMI Spokane Behavioral Health and Community Services Navigator Program– Chauntelle Lieske, Executive Director

- A brief explanation of the National Alliance on Mental Illness (NAMI) Spokane Behavioral Health and Community Services Navigator program was provided. NAMI provides Individuals with mental health illnesses with resources they need. The program will also provide coordination and education to Spokane County residents and provide families of Individuals in treatment with peer support.
- Lillian Kelly recently joined NAMI Spokane as the new Behavioral Health and Community Services Navigator. She previously worked for the 988 program within Frontier Behavioral Health.
- On June 28, 2024, a text line was launched. The text line is an easier resource for Individuals and their families to reach out to NAMI Spokane to receive resources and support. Since the launch on June 28th, eight (8) Individuals have reached out using the text line option requesting services. The text line number is (509)-209-3905.
- A live chat option will be available on the NAMI website soon for the community to connect with NAMI resources and services.
- In the next year, NAMI Spokane is looking to find ways to increase volunteers for the Family Programs within the Spokane County and surrounding areas.

3. Administrative Updates – SCRBH (ASO)

- Closure of Providence Psychiatric Center for Children and Adolescents– Ashley Magee, CSD SCRBH (ASO): Providence sent out a notification that the Psychiatric Center for Children and Adolescents (PCCA) will close in September 2024. The closure of this program will have an impact on the Spokane County Community. PCCA benefited many children/adolescents and their families for treatment. Though this loss is impactful it also highlights the other mechanism of support our community has benefited from for upstream intervention. A few of those impacts are:
 - i. Spokane County SCRBH and Health Care Authority (HCA) Investment in Early Intervention Services: Over the past couple of years, we have heavily invested in intervention services, either through joint projects with HCA or funded through Mental Health Sales Tax (MHST). These include (but not limited to): Expanded Children Youth and Family Crisis Response Teams, Mobile Response and Stabilization Services (MRSS) Teams, Initiative for Student Wellness (ISW): School Based Screening, Brief Intervention, and Referral to Treatment (SBIRT), Teen Text Line, Youth Behavioral Health Navigator Program (REACh), New Journeys, Children's Long-Term Inpatient Program (CLIP), and other programs;
 - ii. The HCA Expansion of CLIP Facilities;
 - iii. The Reduction in Outpatient Clinician Vacancies (workforce improvement);
 - iv. The Community Awareness and Return to Regular Patterns (school, extracurricular activities, informal supports etc.).
- Newport Recovery Café Jessica Thompson, CSD SCRBH (ASO): Community-Minded Enterprises (CME) runs a Recovery Café within Spokane County. It's been identified that in our rural communities, Pend Oreille County, specifically, saw a need for a Recovery Café's Substance Abuse Disorder Support Services, CME started a pop-up café with limited operation hours. The SCRBH (ASO) is partnering with CME to ensure there will be longer operational hours, in addition to having

BHAB Meeting Minutes July 22, 2024 Page 3 of 3

an actual permanent location for the pop-up café. The services of the Recovery Café include recovery circles and additional support for those who are struggling with substance use disorders.

- Request For Proposals (RFPs) Update Jessica Thompson, CSD SCRBH (ASO): In the end of May 2024, two (2) RFPs were released. The first RFP is support for care givers of infants with Neonatal Abstinence Syndrome (NAS). This RFP is to provide a capital investment for housing for this specific population, as there is not enough safe and stable housing for this specific population. Investment is a key to success for this population's recovery. The SCRBH (ASO) is hopeful to partner with an agency to develop and build housing for the population. The RFP closed in June, an RFP scoring committee reviewed the proposals for the RFP and made a selection based on if the proposals were appropriate and met the RFP criteria. The next step is to present the proposal to the Board of County Commissioners (BoCC) for final approval before the SCRBH (ASO) can release who the contractor will be. The second RFP following the same timeline and process as the first RFP is for Sobering and Triage Services, to expand sobering services in Spokane County and to provide triage services. Both RFPs will utilize the Opioid Settlement Funds to in Spokane County areas only to provide the specific services in our community. Hopefully by the next BHAB meeting in September, the SCRBH (ASO) will have more details to share regarding these two (2) RFPs.
- **REACh Navigator Program Update** *Ashley Magee, CSD SCRBH (ASO):* A brief update was provided on the REACh Navigator Program. The program is receiving referrals actively, and word of this new program is reaching the community effectively. The program is actively assisting with navigation. There has been a change of staff, as Stefanie Sorenson (REACh Program Manager), will be leaving the department. Referrals will not be impacted by the staff change.
- Consumer Consultation Panel (CCP) Report Tom Gose read the minutes from the May and June 2024 meetings.
- 5. Board Comments -
 - Jackie Sauer mentioned that if anyone has questions or concerns, please don't hesitate to reach out to her and any of the Board Members.
 - The three (3) new Board Members (Jackie Sauer, Jamie Rosteck, and David Lund) introduced themselves to the attendees.
- 6. Public Comments None

A motion was made, and the board approved to adjourn the meeting.

DECISIONS:

ACTIONS:

• Jessica Thompson (SCRBH-ASO), will email information about the new text line for NAMI Spokane to the System of Care (SOC) and BHAB email lists as a resource and reference.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:	Name of recorder:

September 23, 2024 - 3:00 p.m. / Zoom Meeting/In Person