



**SPOKANE COUNTY
COMMUNITY SERVICES, HOUSING, AND
COMMUNITY DEVELOPMENT DEPARTMENT
Kathleen Torella, Director**

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**Spokane County Regional Behavioral Health
(Administrative Services Organization) Division, SCRBH (ASO)
Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: May 23, 2022	Location: Zoom meeting/Conference Call	Start Time: 3:00 p.m. Adjourn Time: 4:10 p.m.
Attendance:	X=Present	E=Excused
		U=Unexcused
Name		Representing
BOARD		
Kim Taylor	E	Spokane County (Chair)
Andrew Van Winkle	X	Spokane County (Vice-Chair)
Alex Knox	X	Spokane County
Alicia Paschall	U	Spokane County
Craig Davenport	X	Stevens County
James Mires	U	Spokane County
Jill Burkholder	X	Spokane County
John Nowels	X	Spokane County Sheriff's Office
Leta Phillips	E	Ferry County At-Large Rep.
Mark Bullock	X	Spokane County
Dr. Michael Lemberger	X	Spokane County
Michael Lindsly	X	Spokane County
Ronald Bacon	E	Ferry County
OTHERS		
Cara Reidy	X	CSHCD SCRBH
Cat Nichols	X	Spokane County Community Affairs
Gail Kogle	X	Spokane County and Northeast Counties Ombuds
Jessica Thompson	X	CSHCD SCRBH
Justin Johnson	X	CSHCD SCRBH
Kathleen Torella	X	CSHCD SCRBH
Nancy Locke	X	CSHCD SCRBH
Tom Gose	X	Consumer Consultation Panel (CCP)

Vlad Lukin	X	Spokane County and Northeast Counties Ombuds
MCOs – Guests		
Liz Perez	X	Community Health Plan of Washington (CHPW)
Ashley Nelson	E	Molina Healthcare
Kelli Miller	X	Frontier Behavioral Health

AGENDA / MINUTES:

1. Welcome and Introductions – Andrew Van Winkle, Vice-Chair

- The March 2022 minutes were approved as written.

2. Presentation – Eastern Washington 211 – Kelli Miller, Frontier Behavioral Health

- A PowerPoint overview of the service was provided.
- Eastern WA 211 provides resources to assist the state of Washington, local communities and First Responders during and after a crisis or disaster to provide non-emergency information and resource coordination efforts.
- Eastern WA 211 provides Individuals with transportation, food, Youth resources and referrals, students and families resources, resources within Spokane Public Schools, and emergency responses with Avista and Department of Health (DOH) COVID-19.

3. Presentation – 2022 Q1 Crisis Data Dashboard Annual Report – Jessica Thompson, CSHCD SCR BH

- The Crisis Data Dashboard showed Seventeen Thousand Five Hundred Forty-Six (17,546) Individuals were served. In comparing 2021 Fourth Quarter to 2022 First Quarter, an increase of forty-five (45) additional utilizers was due to an increase in the Regional Crisis Line and other crisis services. The total number of Individuals being serviced increased by two hundred four (204) and forty-one (41) more services were provided. An additional nine percent (9%) increase of involuntary treatment investigations diverted to other resources. The Regional Crisis Line is meeting all contract requirements helping Individuals get resources needed.

4. Administrative Presentation – CSHCD SCR BH – Justin Johnson, SCR BH

Additional programs looking to be expanded include:

- **Children, Youth, and Families Mobile Crisis Teams**, an enhancement of existing mobile Response services. The program will be available next month.
- **School-Based SBIRT Program:** The ASO recognized the need for investing in Youth behavioral health (BH) programs in 2020, precipitating the creation of two (2) new innovative programs in Spokane County (Youth Behavioral Text Line and the SB-SBIRT) in response to the unique behavioral health need of Youth in the region.
 - a) Through the Youth BH Text Line a 24-hour line providing peer support and mental health care providers to respond to Individuals through text, calls, and through platforms Youth are accessing. In April, eleven (11) new Youth accessed the line.
 - b) Through the SB-SBIRT project a uniform, confidential screening will be available to Youth within three (3) Spokane County schools this coming fall. Youth will have access to screenings identifying the support needed, then be provided immediate response. No unique

identifiers are used; Youth can be immediately referred to a contracted provider for services until their insurance or medical necessity from Medicaid covers. Youth are immediately able to access the program to receive necessary services. The key areas SB-SBIRT supports is mental health, substance abuse and trauma.

- **Recovery Navigation Program (RNP):** Identifies the gap of Individuals coming out of the criminal legal system or in the community identifying needing resources but unable to connect to resources. This program is non-clinical, RNP staff are Individuals with lived experiences in active recovery to mentor other Individuals through their recovery.
- **9-8-8 Update:** A brief update was stated. First major implementation of the state-wide national suicide call line will be in effect June 16, 2022. The line can be accessed now by dialing 9-8-8 to be transferred to the Regional Crisis Line.
- **Upcoming Projects:** Homeless Outreach and Stabilization Transition Teams (HOST) allows outreach teams to address behavioral health, substances, and mental health without insurance coverage. The goal is to see the Individual in the community, treat in the community and if necessary, bring in for inpatient services.

5. Consumer Consultation Panel (CCP) Report – Tom Gose read the minutes from the March and April 2022 meetings.

6. Board Comments – Some suggested resource programs or topics for upcoming meetings:

- Ombuds Status;
- Post recovery from the providers and Behavioral program;
- Changes in medication prescribed;
- New groups prescribing medication used for substance abuse treatment; and/or
- Partnership with Passages.

A motion was made, and the board approved to adjourn the meeting.

DECISIONS:

ACTIONS:

- Jessica Thompson will follow up with the metric used to define the High Utilizers in the Crisis Data Dashboard.
- Justin Johnson or Jessica Thompson will provide Youth Behavioral Text line data/spreadsheet to the board once the data is completed and available.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:
July 25, 2022 - 3:00 p.m. / Zoom Meeting

Name of recorder:
Nancy Locke