



**SPOKANE COUNTY**  
**COMMUNITY SERVICES DEPARTMENT**  
 Justin Johnson, Director

1116 WEST BROADWAY AVENUE, SPOKANE WA 99260  
 509.477.5722 T | 800.273.5864 | 800.833.6384 Relay

**Spokane County Regional Behavioral Health  
 (Administrative Services Organization) Division, SCRBH (ASO)  
 Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: <b>January 22, 2024</b>	Location: <b>Zoom meeting/Conference Call/ In person</b>	Start Time: <b>3:00 p.m.</b> Adjourn Time: <b>4:15 p.m.</b>
<b>Attendance:</b>	<b>X=Present</b>	<b>E=Excused</b>
<b>Name</b>		<b>U=Unexcused</b>
		<b>Representing</b>
<b>BOARD</b>		
Kim Taylor	X	Spokane County (Chair)
Andrew Van Winkle	E	Spokane County (Vice-Chair)
Craig Davenport	X	Spokane County
Gail Kogle	X	Office of Behavioral Health Advocacy (OBHA)
Jill Burkholder	X	Spokane County
Khris Thompson	X	Spokane County Sheriff's Department
Lauri Moon	X	Spokane County
Leta Phillips	U	Ferry County At-Large Rep.
Mark Bullock	E	Spokane County
Dr. Michael Lemberger	X	Spokane County
Michael Lindsly	X	Spokane County
<b>OTHERS</b>		
Cat Nichols	E	Spokane County Community Affairs
Ashley Magee	X	CSD SCRBH
Jessica Thompson	X	CSD SCRBH
Josh Henderson	X	CSD SCRBH
Justin Johnson	X	CSD SCRBH
Kateryna Rice	X	CSD SCRBH
Khrystal Kenyon	X	CSD SCRBH
Nancy Locke	X	CSD SCRBH
Tom Gose	X	Consumer Consultation Panel (CCP)
<b>MCOs – Guests</b>		
Jackie Sauer	X	UW School of Medicine GU (Program Coordinator)
Katie Cutshaw	X	BHA OFMHS
Savannah Burts	X	Molina Healthcare

## AGENDA / MINUTES:

### 1. Welcome and Introductions – Kim Taylor, *Chair*

- a. Roll Call (Board (confirmed Quorum) then Other Attendees)
- b. The November 2023 minutes were approved as written.

### 2. Presentation – Opiate Abatement Counsel and Opiate Settlement Funds Survey Results – *Jessica Thompson, CSD SCRBH (ASO):*

- **Opiate Abatement Counsel:** Washington State received Opiate Settlement Funds under a resolution with three (3) companies found to have played key roles in the opioid epidemic. Washington State will receive Opioid Settlement Funds via the One Washington Memorandum of Understanding (MOU). According to the MOU, each allocation region must have an Opiate Abatement Counsel (OAC) comprised of Participating Local Government (PLG) to oversee administrative functions as outlined in the MOU. Each PLG is in different stages of allocating and spending their allotment of Opioid Settlement Funds.
- **Opiate Settlement Fund Survey Results:** Spokane County created a public survey to give the public an opportunity to provide input on how Spokane County should utilize the Opioid Settlement Funds. The results of the survey revealed the priority areas of need under the approved uses in the MOU guidelines of expenditure. The top priority areas are; support of Individuals in treatment, treatment of Opioid Use Disorder, and support for criminal justice involved individuals. The survey also revealed potential programs that could be supported by Opioid Settlement Funds. The top areas identified as needing support or new programs included Substance Use Treatment services (specifically detox/withdrawal management), Pregnant and Parenting Women a with infants with Neonatal Abstinence Syndrome (NAS), supportive housing, support for first responders and therapeutic courts.
- **The Spokane County Priority Review Committee:** The Spokane County Priority Review Committee was created and comprised of subject matter experts to review the results of the survey and share feedback on specific needs related to the opioid epidemic. The identified priorities by the Priority Review Committee included; support for First Responders, support for pregnant or parenting women and their families including infants with NAS, treatment of Opioid Use Disorder, and prevention of overdose deaths and other harm. After collating information received through the Spokane County Public Feedback Survey and identified priorities by the Spokane County Priority Review Committee, the Spokane County SCRBH identified three (3) recommended priority areas for the use of Spokane County Opioid Settlement Funding to present to the Spokane County Board of County Commissioners. The identified priorities included:
  - Supported Housing for Parents and Children Experiencing NAS- The Opioid Settlement Funding could be used to expand the services, like at Maddie's Place, to include supportive housing, targeted childcare, increased care coordination, case management services and create more opportunities for building a safe long-term healthy community for babies and parents;
  - Behavioral Health Co-Response program - The Opioid Settlement Funds could be used in conjunction with existing systems to create additional Co-Response teams that include behavioral health professionals partnered with paramedics/emergency medical technicians (EMT). This unique partnership would divert individuals struggling with Opioid Use Disorder from lengthy emergency department stays as well as the need for law enforcement responses while assisting individuals in connecting to treatment; and

- Community Education and Naloxone (Narcan) - Through the purchase and distribution of Narcan to First Responders and other community members, we can prevent opioid overdose deaths.

### 3. Administrative Updates – Ashley Magee and Josh Henderson, CSD SCRBH (ASO)

- **Recovery Navigator Program (RNP) Update:** The RNP Program has been a success in the community. This program consists of RNP staff, who are Individuals with lived experience and in active recovery, who connect with individuals needing assistance. RNP staff facilitate and coordinate connections to a broad range of community resources for individuals with Substance Abuse Disorders, including treatment, recovery support services, resources, engagement, and connection to low barrier services. The RNP Providers continue to demonstrate, and report increased program engagement in community referrals. The ASO understands there are barriers in our System of Care and due to the gaps, there are additional RNP funds available. The RNP providers are submitting plans on how the funds could be utilized to enhance and support their RNP program. The Health Care Authority expressed the need to update the RNP program standards. The RNP program plans to achieve these new standards with the utilized funds and plans of the RNP Providers.
- **Mobile Response and Stabilization Services (MRSS) Update:** The MRSS Program will expand engagement and services to youth and families by allowing for up to eight (8) weeks of stabilization services after a crisis regardless of insurance coverage. The MRSS program engages in longer term support and stabilization for Youth and families and focuses on upstream early intervention and assistance.
- **Youth Navigator Program (REACH) Update:** This state-wide program that began implementation in our regional service area on July 1<sup>st</sup> (Spokane County only at this time) will prioritize Youth in emergency departments and other non-treatment facilities by connecting Youth with complex behavioral health needs to appropriate cross-system resources with the goal of providing symptom stabilization. This is done through a collaborative cross-system steering committee and the use of Multisystem Team (MST) Meetings. In the first steering committee meetings the mission, value, vision, and action items were developed. Currently, steering committee meetings occur monthly. The priority action items, developed in conjunction with the steering committee, that REACH aims to address are improving access to care, access to youth Substance Use Disorder services, caregiver respite, and prevention and early intervention resources. The REACH program will be starting with referrals from hospitals. As the foundation is established referrals will expand to include referrals directly from Youth, families, community providers, in addition to other entities.
- **January 2024 Chair/Vice-Chair Election:** The 2024 Board Chairs vote was delayed due to confirming one (1) member's interest in filling one (1) of the positions could be determined. A motion was made, and the board approved the vote via email.

### 4. Consumer Consultation Panel (CCP) Report – Tom Gose read the minutes from the September, October, November, and December 2023 meetings.

### 5. Board Comments –

- a. Craig Davenport expressed his concern for group home safety and bullying. Craig states that bullying has increased in the Blair House assisted living facility with no repercussions for this behavior. Craig stated there is a need for major reforms in safety for the residents in assisted living facilities. Gail Kogle mentioned contacting the local Long Term Care Agency; they may be able to help resolve this concerning issue.
- b. Gail Kogle stated Senate Bill 5660 is hopefully going to pass this year; this is a bill that will establish a mental health advance directives effective implementation work group. These work groups are

going to mainstream mental health advance directives. This will give the public and facilities the knowledge to understand mental health advance directives.

**6. Public Comments** – None.

A motion was made, and the board approved to adjourn the meeting.

**DECISIONS:** The Board voted and approved, via email, the following members for the 2024 Chairs:  
Chair – Andrew Van Winkle  
Vice-Chair – Kim Taylor

**ACTIONS:** Kim Taylor asked Tom Gose if an information pamphlet can be created for the CCP that could help interested parties learn more about the panel and join the CCP.

**NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:**

**Name of recorder:**

**March 25, 2024 - 3:00 p.m.** / Zoom Meeting/In Person

Khrystal Kenyon