



**SPOKANE COUNTY
COMMUNITY SERVICES, HOUSING, AND
COMMUNITY DEVELOPMENT DEPARTMENT
Kathleen Torella, Director**

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**Spokane County Regional Behavioral Health
(Administrative Services Organization) Division, SCRBH (ASO)
Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: March 28, 2022	Location: Zoom meeting/Conference Call	Start Time: 3:00 p.m. Adjourn Time: 4:05 p.m.
Attendance:	X=Present	E=Excused
Name		U=Unexcused
		Representing
BOARD		
Kim Taylor	E	Spokane County (Chair)
Andrew Van Winkle	X	Spokane County (Vice-Chair)
Alex Knox	X	Spokane County
Alicia Paschall	U	Spokane County
Craig Davenport	X	Stevens County
James Mires	U	Spokane County
Jill Burkholder	X	Spokane County
John Nowels	X	Spokane County Sheriff's Office
Leta Phillips	E	Ferry County At-Large Rep.
Mark Bullock	X	Spokane County
Dr. Michael Lemberger	X	Spokane County
Michael Lindsly	X	Spokane County
Ronald Bacon	E	Ferry County
OTHERS		
Cara Reidy	X	CSHCD SCRBH
Cat Nichols	X	Spokane County Community Affairs
Gail Kogle	X	Spokane County and Northeast Counties Ombuds
Jessica Thompson	X	CSHCD SCRBH
Justin Johnson	X	CSHCD SCRBH
Kathleen Torella	X	CSHCD SCRBH
Nancy Locke	X	CSHCD SCRBH
Tom Gose	X	Consumer Consultation Panel (CCP)
Vlad Lukin	X	Spokane County and Northeast Counties Ombuds

MCOs – Guests		
Liz Perez	X	Community Health Plan of Washington (CHPW)

AGENDA / MINUTES:

1. Welcome and Introductions – Andrew Van Winkle, Vice-Chair

- Cat Nichols, the new Senior Director of Community Services with Spokane County, was introduced.
- The January 2022 minutes were approved as written.

2. Presentation – Recovery Navigator Program Update – Cara Reidy, CSHCD SCRBH

- A brief overview of the outreach and engagement program was provided. Each of the six (6) counties in the Spokane County Regional Service Area has their own individual program.

3. Presentation – 2021 Crisis Data Dashboard Annual Report – Jessica Thompson, CSHCD SCRBH

- A brief overview of the 2021 crisis system was provided. A record amount of over 21,000 Individuals were served. In comparing 2020 to 2021, there was a two and one-half percent (2.5%) decrease in the number of Individuals served. The crisis system is providing more intensive services to less Individuals resulting in higher acuity placements.

4. Administrative Presentation – CSHCD SCRBH – Justin Johnson, SCRBH

- Legislative:** The legislative season has ended for most of the bills for Washington state, which included a budget covering a wide range of different projects to expand and enhance behavioral health services. Justin provided a brief overview of some programs funding was provided to such as the Youth Inpatient Navigator Program; support for a seven percent (7%) increase across the board for Medicaid and non-Medicaid funding (expected to go into effect January 1, 2023); and a new assisted outpatient treatment (AOT) enhancement expanding least restrictive alternatives.
- Additional Programs Looking to Be Expanded** and are still in negotiation include Children and Youth and Families Mobile Crisis Teams, an enhancement of existing Mobile Response Services. When finalized, the full program will be presented to the board.
 - **School-Based SBIRT Program:** The ASO recognized the need for investing in Youth behavioral health programs in 2020, necessitating creation of two (2) new innovative programs in Spokane County (Youth Behavioral Text Line and the SB-SBIRT) in response to the unique behavioral health need of Youth in the region. Through the SB-SBIRT project a uniform, confidential screening will be available to all Youth within a school to access being screened and to identify issues and then be provided immediate response. The ASO currently has that contract out with three (3) Spokane Schools with a plan to expand into another three (3) schools within Spokane County only in the next couple months. No unique identifiers are used, and Youth can be immediately referred to a contracted provider for services until their insurance or medical necessity from Medicaid covers. There is no gap and Youth are immediately able to access the program to receive necessary services.
 - **988 Update:** The Crisis System improvement project is currently underway throughout the state, with investments stemming from House Bill 1477 being implemented through CRIS and Steering committee. First major implementation of the state-wide national suicide call line will be in effect July 1, 2022, and remaining implementation in 2023 and 2024. Frontier Behavioral Health, the ASO's Regional Crisis Line, is one (1) of three (3) Crisis Line HUBS identified in Washington state. The line can be accessed now by dialing 9-8-8 to be transferred to the Regional Crisis Line.

5. Consumer Consultation Panel (CCP) Report – Tom Guse read the minutes from the January and February 2022 meetings.

6. Board Comments – None.

A motion was made, and the board approved to adjourn the meeting.

DECISIONS:

ACTIONS:

- Board member Andrew Van Winkle recommended Cara Reidy and Pioneer Human Services cover implement questions on the Recovery Navigator Program with the board in approximately six (6) months.
- Justin Johnson will arrange Reclaim to Futures and King County to present the School-Based SBIRT Program to the board.

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:

May 23, 2022 - 3:00 p.m. / Zoom Meeting

Name of recorder:

Nancy Locke